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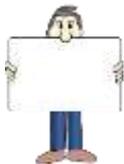
President: Garry Kinnane **Honorary Secretary:** Greg Duggan
Office Managers Mary Paul and Office Volunteers

NEWSLETTER: Term 1, 2019

Editor: Graeme Allen

AN APPEAL FOR NEWSLETTER COPY Do you have any special things to share about your class (special activities, guest speakers, special achievements of members etc.), or anything else of interest to share with members? . Send any copy for our newsletter to Graeme Allen at guballen@bigpond.com, or through the office or at the U3A Geelong email address.

Deadline for Newsletter 2 2019: End of Week 2 Term 2, 2019:



.MEMBERS DON'T FORGET THE UPCOMING ANNUAL GENERAL MEETING ON MARCH 29TH., 12 NOON IN THE CHAPEL, FOLLOWED BY 'LET'S DO LUNCH'. YOUR ATTENDANCE IS IMPORTANT.



FROM THE PRESIDENT'S PEN Gay Kinnane

First of all, **welcome** to all our **new members**, and welcome back to our **old members**, and to all our wonderful tutors and office staff too. I hope you all have a satisfying and enjoyable 2019 with U3A Geelong.!

I must raise with you a matter of extreme urgency, as below -

URGENTLY NEEDED!! REPLACEMENTS FOR MANAGEMENT COMMITTEE EXECUTIVES!!

I understand that U3A members quite likely take for granted that the organisation is run by indefatigable members who are willing and able to do the job forever. This is absolutely not the case. Like everyone else, Committee members get tired, burnt-out or just need a break, but typically they are too committed to the welfare of U3A Geelong to abandon their posts unless there is a replacement member on offer. So it is high time for others to step up and take on the responsibility of ensuring U3A Geelong continues to make its wonderful array of courses available to all. If you can fill an executive role, you really should be asking yourself why you do not take a turn at doing so.

I would especially like to hear from members who could take on the duties either of **Secretary** or **Treasurer**, and would be willing to stand at the AGM. Offers through the office.



FROM THE OFFICE - URGENT As always, a **big thankyou** to all our wonderful office volunteers who have and do work their magic in the office. But

Help wanted ... Part time rewarding job with flexible hours. Excellent opportunity to meet new friends, to be part of a team and have a giggle ... No experience needed.

Do you have free time? Would you like to make a difference? If you enjoy interacting with other people and have a can-do disposition and think you could share some of your time or experience with us - we would love to hear from you.



CLASSES Some New, some used, all with vacancies

Some of our new courses for this year (A reminder that information on all our courses is most up to date on our webpage)

Cryptic Crosswords: Intermediate Level with Brian Davies, Wed 1.30-3.30

This is a new Crossword course, aimed at those with some experience at crosswords - not too easy, not too hard, but 'Just Right', as Goldilocks would want. The Degree of Difficulty will be adjusted to suit students' needs

Fri March 1 and 8th 11.15-12.30 Guest lecturer in **Archaeology/ Physical Anthropology** with Peter Mayall, who has qualifications in the field from Melbourne University, on the subject of Physical anthropological finds in the practice of archaeology.

The Magic of Movies (Wed 3-5) Whether you are a student of Cinema, a casual Film goer or a Film enthusiast, this is the Course for you. Sit back and enjoy a movie, discuss and critique afterwards with Florence Gibbons who has joined us as a tutor from U3A Port Macquarie , where she ran this course with great success.

Tragedy and Comedy in Literature coming in Term 3 (Thursdays 9.30-11)

Prepare to be deeply moved and highly amused!

Drawing from several historical contexts as diverse as Ancient Greece and the late nineteenth-century American South, we will explore some salient examples of the genres of tragedy and comedy. Poetry, plays and a novel, all exhibiting significant elements of comedy and tragedy, will be studied each term.



An Article of Interest from Jean Bohuslav who has just begun a new intake on Tuesday afternoons in Mindfulness and Meditation at Cobbin Farm.



A dialogue between a Brazilian theologian Leonard Boff and the Dalai Lama.

In a round table discussion about religion and freedom in which the Dalai Lama and myself were participating at recess I maliciously, and also with interest, asked him, "Your holiness, what is the best religion?"

I thought he would say: The Tibetan Buddhism or the oriental religions which are much older than Christianity.

The Dalai Lama paused, smiled and looked me in the eyes, which surprised me because I knew of the malice contained in my question. He answered, "The best religion is the one that gets you closest to God. It is the one that makes you a better person."

To get out of my embarrassment with such a wise answer, I asked, "What is it that makes me better?"

He responded: "Whatever makes you more compassionate, more sensible, more detached, more loving, more humanitarian, more responsible and more ethical. The religion that will do that for you is the best religion."

I was silent for a moment marveling and even today - thinking of his wise and irrefutable response.

"I am not interested, my friend, about your religion or if you are religious or not. What really is important to me is your behavior in front of your peers, family, work, community, and in front of the world. Remember, the universe is the echo of our actions and our thoughts. The law of action and reactions is not exclusively for physics. It is also of human relations. If I act with goodness, I will receive goodness. If I act with evil, I will get evil. What our grandparents told us is the pure truth. You will always have what you desire for others. Being happy is not a matter of destiny, it is a matter of options."

Finally he said:

Take care of your thoughts because they become words
Take care of your words because they become your actions
Take care of your actions because they become your habits
Take care of your habits because they become your character
Take care of your character because it will form your destiny
And your destiny will be your life."



FROM THE CLASSES

Our U3A Monday morning Cryptic class recently received the very sad news that our member, Barbara May, who had been with us for many years, had died suddenly. Barbara came to us as a total beginner and she worked hard to master the mysteries and intricacies of cryptic crosswords.

We will miss Barbara carefully flicking through her organized notes for hints she carefully accumulated along the way, secretly wishing that we were as organized.

She was a lovely lady and a very pleasant class member and sympathy is extended to her husband Bob, and Andrew, Daniel and Julia and their families.

We will miss you Barbara!



2019 Year of the Pig



Chorus:

Twenty nineteen Pig Power Time
Twenty nineteen your Zodiac Sign
Sows, Boars and piglets sublime
February Five is the Year of the Swine.

Pigs! Pigs! Squeal and cheer
The Year belongs to you!
2019 is Pig Year
To *Pigself* be true

Pigs do not openly compete
Pigs are sagacious and smart
Pigs are resolute and discrete
Diplomacy is a piggish art.

Pigs do not bother to race
Life is minutes measured
Seizing moment and place
Life is a dewdrop treasured

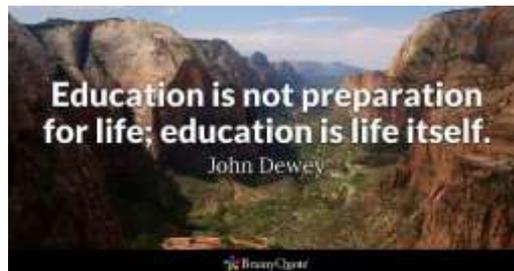
Lucky pigs enjoy their work
Some Pigs have social inclinations
Some are industrious. Others shirk!
Pigs prefer harmonious relations

Pigs avoid contentious strife
Pigs love to dine and entertain
Pigs get the most out of life
It's rare to hear a Pig complain.

This is a year to really dig
This is a time to laugh and cheer
For the kaleidoscopic Pig
Twenty Nineteen. Happy New Year

Robyn Youl

THOUGHT FOR THE DAY



Keep learning, my friends, in this wonderful world of U3A and continue to expand the boundaries of your lives!!! Till next term.

Graeme Allen (Editor)